

Indra shown improvements at Balwadi



Indra is a four year old who lives in Kesarpura village. When she was enrolled in the preschool center, she was not able to walk. Part of the reason was her poor health and partly because she was not confident of interactions. She would sit at one place for all day long. Manisha the sanchalika spoke with

Indra's mother and explained Indra's situation to her. She encouraged her to send Indra regularly. Slowly Indra's health improved and she began to walk. Over time she also became confident in interacting with other children. Today Indra has learnt playing games and she sings songs with other children. Indra's mother is so happy at her daughter's progress.

Pre School Centers (Balwadis):

Young children in our region are highly malnourished (39.9% underweight) and anemic (69.7%). Seva Mandir through its rural Pre School Centers is ensuring safe, friendly and joyful environments to 4000 young tribal children (0-5 years old). The Balwadis facilitate the overall development of children's mental emotional, social and physical health and creating within little children a desire to learn and to grow so that they have a better future (preparing them for school). Also, the balwadis allow care givers (mothers and older sibling especially girls) to be able to do other things (e.g. household chores/labor work or continuing education) and promote an understanding of early childhood care among community and to increase their participation to and demand for quality services.

The structure of the preschool centers is such that it stimulates learning among children in a joyful & interactive atmosphere. It allows little children to enjoy their childhood with numerous playful activities and provides them with an opportunity to interact with other children. The meals (for protein & calories), medicines and supplementary nutrition (for calcium, iron and other micronutrients) help improve their health. The centers provide an overall happy childhood experience for kids.

To know more about Balwadis – please write to Deepti at deepti@sevamandir.org